



FOR IMMEDIATE RELEASE

**HELMETS TO HARDHATS ANNOUNCES NEW MANAGEMENT EMPLOYMENT
COORDINATOR, MEREDITH SEGURA**

Washington, DC – January 17th, 2025 – Today, Helmets to Hardhats (H2H) is pleased to announce Meredith Segura as the new Management Employment Coordinator. As the MEC, Meredith acts as an in-house industry representative by reviewing contractor hiring needs and searching the Helmets to Hardhats database for qualifying candidates. Once identified, she connects and nurtures the relationship between the career seeker and the contractor.

Meredith earned her Bachelor's degree in Journalism and Mass Communication from the University of Nebraska – Lincoln. In 2016, she graduated from Louisiana State University with a Master of Science in Human Resource Education and Leadership Development. Prior to joining the H2H team, Meredith spent nearly seven years with the St. Tammany Parish Sheriff's Office (STPSO) in St. Tammany Parish, Louisiana where she graduated from Slidell Regional Police Academy in 2019. She served in various divisions with the STPSO including Public Affairs, Corrections and most recently as Sergeant of the Human Resources Division.

The daughter of a career Marine, Meredith is passionate about helping our Veterans transition into civilian roles as she has seen firsthand how challenging this shift can be. Meredith currently resides in Mandeville, Louisiana with her husband John and their dog, Zulu. She enjoys hiking, kayaking, traveling with her husband and reading, especially about history. Until recently, she ran her own baking business, inspired in part by working for one of the most famous bakeries and best King Cake makers in New Orleans, Haydel's Bakery.

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About H2H/CMRAVE: Helmets to Hardhats (H2H) is a national program that connects veterans, transitioning active-duty military service members, National Guard, and Reservists with skilled training and quality career opportunities in the construction industry. The program was created by the Center for Military Recruitment, Assessment, and Veterans Employment, a 501(c)(3) non-profit, joint labor-management driven entity. The program is designed to help military service members successfully transition back into civilian life by offering them the means to secure a quality career in the construction industry. Over the last twenty years, Helmets to Hardhats has built a solid network of relationships and communication lines that are unique and invaluable to our nation's veterans, transitioning active-duty service members, National Guard, and Reservists. In this time, H2H has helped over 42,000 military service members find quality careers and training in the construction industry. Please visit <https://www.helmetstohardhats.org/> for more information.